

10. Travel Sickness. A person may suffer from nausea and vomiting or other problems during travel. Press P 6 or GB 34 to prevent the problem. P 6 is located on front centre of arm, two thumb widths proximal to wrist crease (use patient's thumb to measure). GB 34 is located on the lower inner corner of head of fibula bone on the leg. Fibula's head can be felt on the outer side of leg below the knee.

